



## JOIN US!

For or Next  
Training Session

**February 5 - 6, 2026**  
8:30am - 4:30pm

**Hosted By**



### Training Location Columbus State University

Lumpkin Center President's Club  
4225 University Ave.  
Columbus, GA 31907

### Pricing

**Regular Rate: \$379**

**Multi-registration Discount**  
(3+): **\$329** (5+): **\$299**

**16 Hours of GA P.O.S.T.**  
& 8 Hours of Executive  
Credit Available

# Leading Self

## Building the Foundation for Success



### Discover the Power of Self-Leadership

Every leadership journey begins within. Leading Self helps you uncover your unique leadership identity and develop the disciplines that fuel lasting success. You'll learn how to manage your mindset, master your habits, and design personal systems that drive continuous improvement. By building greater self-awareness and aligning your actions with your values, you'll leave equipped to lead with clarity, confidence, and focus—in every area of life and leadership.

### You'll Learn How To:

- Strengthen self-awareness and identify the patterns that shape your leadership
- Develop habits and disciplines that sustain personal and professional growth
- Manage your mindset to stay grounded and focused while navigating challenges
- Align daily actions with your core values and long-term goals
- Create simple personal systems that drive accountability and results
- Lead yourself with purpose and confidence—on and off the job

### You'll Learn How To:

Practical self-assessment tools, goal-setting frameworks, and daily disciplines you can immediately apply to your leadership and life. This course lays the foundation for every step of your ascent — helping you lead yourself with clarity, conviction, and purpose.

### About the Program:

**Leading Self** is **Course One** in **The Guardian's Ascent**, a four-part leadership development program designed to strengthen leaders at every level. Each course builds upon the last—expanding your capacity to lead yourself, inspire others, elevate teams, and shape organizations. Graduates who complete all four courses earn the **Guardian's Ascent Leadership Award**, a recognition of mastery across the full leadership journey.

**For more information and to register, visit our website at:** [GuardianLeadership.com](http://GuardianLeadership.com)

